

Group Labeling

Corn and soybeans come to us in many different forms. Label each group in the diagram below with one of these titles:

- Other Soy and Corn Foods
- Meal and Flour Products
- Industrial Products
- Oil Products

A _____

- Biofuels for cars and trucks
- Livestock feed
- Antibiotics
- Paints and inks
- Glues
- Plastic eating utensils
- Biodegradable packaging peanuts

B _____

- Tofu
- Soy nuts
- Soy sauce
- Soy burgers
- Soy yogurt
- Soy milk
- Corn flakes
- Corn syrup
- Pancake flour
- Tortillas

C _____

- Bakery products
- Cornmeal
- Pasta
- Breads
- Cereals
- Grits

D _____

- Cooking oil
- Salad dressing
- Mayonnaise
- Crackers
- Candles
- Lotions
- Soaps

What Do You Think?

1. List 3 things you use that are made with corn or soybean oil.

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2. How can you know if your food or your pet's food has soybeans or corn in it?

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3. List 3 of the valuable nutrients soybean meal and cornmeal add to our foods.

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